

***“Let the peace of Christ rule in your hearts, to which you were called in the one body. And be thankful.”***

Why do we prevent this peace from being an everyday reality in our lives by continuing to be anxious about so many things which we are powerless to fix, so many times when, if we are truly honest with ourselves, we do not really know what the problem is in the first place, let alone what the answer is?

**Col 3:16** ***“Let the Word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, and sing psalms and hymns and spiritual songs with thankfulness in your hearts to God.”***

Surely this is the very reason why we do not fully experience the peace of Christ in every area of our lives. We simply do not follow the example given us by David, recorded in **Ps 119:11** ***“I have laid up your word in my heart so that I may not sin against you.”***

And again in

**John 8:31-32**

***“If you continue in my word, you are truly my disciple, you shall know the truth and the truth will set you free.”***

**Col 3:17** ***“And whatever you do, in word or deed, do everything in the name of the Lord Jesus Christ, giving thanks to God the Father through him.”***